

United Health Foundation and Any Baby Can: *Partnering to Address Maternal and Infant Health Disparities*

The mission of Any Baby Can is to partner with families to build stability, develop skills and unlock each child's full potential. The organization offers prenatal and family education programs, early childhood interventions, mental health counseling, and support groups to families throughout Central Texas. Any Baby Can also connects first-time, at-risk pregnant people with a registered nurse who provides regular home visits until the child turns two years old.

In 2019 the United Health Foundation, the philanthropic arm of UnitedHealth Group, and Any Baby Can announced a three-year, \$2 million grant partnership to add new features to Any Baby Can's nurse home visiting program. To improve pregnancy outcomes and decrease preterm births, new program features included:

- Screening for mental health needs and, if necessary, connecting clients to a counselor or additional services
- Providing individuals at risk for preeclampsia with blood pressure monitors and training them on how to use them

As a result of the partnership, Any Baby Can also extended services outside of Austin, including Hays and Bastrop Counties.



COMMUNITY IMPACT*

1,062

first-time parents received home-based perinatal and early childhood services

82%

of newborns born in the program were born at or above normal birth weight

96%

of pregnant clients received prenatal care

93%

of infants and children in the program had up-to-date immunization status

*2019-2023

WHY IS THIS WORK CRITICAL?



With my nurse's help, I overcame major first-time motherhood fears and anxieties. I had a second opinion and an ear to listen when my kids had health issues, and with my pregnancy complications. They provided me and my partner invaluable counseling as I struggled severely with postpartum depression."

ANY BABY CAN CLIENT



My in-home nurse saved my life by having me check my blood pressure and having me speak up to get medicine to bring my blood pressure down to normal so I could care for my newborn."

ANY BABY CAN CLIENT

